

BLACK FRIDAY



LifeCenter*plus*
Health and Fitness Center



FRIDAY, NOVEMBER 28TH

PERSONAL TRAINING - 1 HR & 45 MIN*

5:00AM-9:00AM 15% OFF

9:00AM-9:00PM 10% OFF

INCLUDES SMALL GROUP TRAINING OPTIONS AS WELL!

PERSONAL TRAINING - 1/2 HOUR*

5:00AM-9:00AM 10% OFF

9:00AM-9:00PM 5% OFF

MASSAGE THERAPY & REIKI

5:00AM-9:00AM 20% OFF

9:00AM-9:00PM 15% OFF

PILATES REFORMER*

5:00AM-9:00AM 15% OFF

9:00AM-9:00PM 10% OFF

NEW LIFECENTER PLUS MEMBERSHIPS

11/24/25-11/26/25: \$40/MONTH^

Phone sales will be accepted, day of for our services (does NOT include memberships). If you are unable to call or come in on Friday, we will accept purchases at the Front Desk Saturday (11/29) and Sunday (11/30) for the MINIMUM discount ONLY. *1, 5, or 10 sessions. May buy multiple packages.* Visit LifeCenterPlus.com for more information!

^3-month contracts, terms with automatic rollover. Family members may be added for an additional monthly cost. Electronic contracts can be arranged with our Membership Department personnel due to the holiday and/or any holiday travel.^