

# March **UPCOMING EVENTS**

Wednesday

1

**Pilates Fitness  
Fusion Workshop:  
Pilates & the BOSU**

Thursday

16

**Medicine Ball/Slam  
Ball Workshop w/  
Trainer Rom**

Monday

27

**Lifeguard New  
Certification DAY  
ONE**

Wednesday

8

**Pedal Pop-Up  
Cycling Class**

Thursday

16

**ActivMotion  
Training Pop-Up  
Class**

Monday

27

**Kids Spring Break  
Camps START**

Wednesday

8

**Youth Running  
Club Spring  
Session**

Friday

17

**Burn Barre  
Pop-Up Class**

Tuesday

28

**Lifeguard New  
Certification DAY  
TWO**

Wednesday

8

**Youth Martial Arts  
Winter Session 2**

Friday

17

**Parent's  
Night Out**

Wednesday

29

**Lifeguard New  
Certification DAY  
THREE**

Friday

10

**Family Dive-In  
Movie: MINIONS:  
RISE OF GRU**

Saturday

18

**Spring Synchro  
Show: ENCANTO**

Wednesday

29

**Pilates Fitness  
Fusion Workshop:  
Pilates & the Foam  
Roller**

Tuesday

14

**Overnight Oats  
Workshop w/  
Instructor Sarah D**

Friday

24

**Come Line Up!  
Low-Impact Line  
Dancing Evening  
Pop-Up Class**

**CHECK OUT SEPARATE FLYERS &  
EVENT POSTINGS FOR FULL  
DETAILS ON EACH EVENT ON  
OUR SAVE-THE-DATE /  
REGISTRATION WALL NEAR THE  
FRONT DESK!**