



New or Recurring Client?(circle one)

Trainer/Instructor Selected:

(list below if yes)

Paid Services Information & Policies

Must be completed per each package purchase.

The following information will provide you with important service policies. Before getting started with your package purchase, please read and sign this form so that we can be sure that you have been provided with and understand all the information.

• **PAID SERVICE** (check all that apply):

- Private Swim
- Personal Training
- Pilates Reformer
- Massage
- Boxing Training

• **PAYMENT:** Payment for sessions must be made **in advance** of meeting with your trainer/therapist/instructor. All clients must check in at the Front Desk prior to the personal training/massage/private swim/pilates reformer session, to receive a receipt for services rendered. The receipt must be given to the trainer/therapist/instructor to the session as proof of payment. ←

• **TARDINESS:** All clients and their trainers/therapists/instructors are encouraged to be prompt. If a client arrives late, this time will be deducted from the session. Please be advised that trainers/therapists/instructors are required to wait 15 minutes for a schedule client, after which time the session is subject to cancellation and clients will be charged for a full session. ←

• **CANCELLATIONS:** In order to cancel or reschedule an appointment, you must contact your trainer/therapist/instructor at least 24 hours in advance of the scheduled appointment or you will be charged for that session (exception would be for massage which can take day-off cancellations; and any cancellations and reschedules for massages can be done through the Front Desk versus actual therapist). **Reformer clients whom are on the unlimited package will be charged for a single session (\$14.00, Member, \$16.00 NonMember;)** should they refrain from cancelling their class session within 24 hours. ←

• **REFUNDS AND CREDITS:** LifeCenter Plus does not offer refunds or credits, and all paid services are non-transferable, so please be sure that our services will match your needs before committing through payment. **All payments are final.** ←

• **EXPIRATION DATE:** All LifeCenter Plus service sessions and/or packages have an expiration date of 12 months from the date of purchase. After the expiration date, any remaining sessions will be invalid. ←

• **CONFIDENTIALITY AGREEMENT:** Both trainer/therapist/instructor and client agree that any information obtained during any training session will remain confidential and proprietary; this confidentiality will extend beyond the length of the client and trainer/therapist/instructor relationship. ←

I have read and will comply with the above information.

Name (please print) _____

Signature: _____ Date: _____

Front Desk Staff Initials: _____



REFERRAL — How did you hear about our services(s)?

WEBSITE EMAIL SOCIAL MEDIA MAILING FAMILY/FRIEND (please list): _____



Paid Services – Client Information

PAID SERVICE (check all that apply):

Private Swim Personal Training Pilates Reformer Massage Boxing Training

Thank you for signing up for this service! Please fill out the following information sheet so our department managers can best fit you with an appropriate instructor/trainer. Please contact the following managers per service, should you have any questions regarding your sessions:

Private Swim Lessons:

Aquatics Department | 330-655-2377 ext. 156 | aquatics@lifecenterplus.com

Personal Training/Pilates Reformer:

Fitness & Wellness Department | 330-655-2377 ext. 121 | fitwell@lifecenterplus.com

Member Contact (please include phone number, email and other pertinent information)

Name: _____ Member/Non-Member: _____

Home Phone: _____ Cell Phone: _____

Email Address: _____

Address: _____ City/State: _____

Emergency Contact (please include a secondary contact source)

Name: _____ Relationship: _____

Home Phone: _____ Cell Phone: _____

Medical Information (please provide any medical information that an we may need to know, i.e. inhaler):

Session Schedule (please provide days and times that work best for you, for your sessions)

For Private Swim Lessons ONLY:

Swimmer's Name: _____ Swimmer's Age: _____

Swimming Experience: _____

Instructor/Trainer Preference (if you have a preferred instructor/trainer in mind, please fill out their name below):