

Attention Members:

The following class(es) will be cancelled and/or changed, due to instructor/sub availability:

Pop Pilate @ 9:15am

Saturday, 1/31/26

WERQ @ 11:00am

Sunday, 2/1/26

Zumba @ 6:45pm

Monday, 2/2/26

All class(es) effected will resume to normal the next week unless otherwise noted.
We apologize for any inconvenience. We appreciate your understanding.

Thank you! -LCP Management



LifeCenter plus
Health and Fitness Center