

# Attention Members:

The following class(es) will be cancelled and/or changed, due to instructor/sub availability, surrounding **Anne White's classes and Lisa Ebert's classes:**

## Lunch Crunch @ 12:00pm

Thurs 10/24/24 & Tues 10/29/24

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## Hydro-Pilates @ 12/1:15pm

Mon 10/28/24 & Thurs 10/31

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## Aqua Barre @ 12:15pm

Tues 10/29/24

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## Mat Pilates @ 12:00pm

Thurs 10/31/24

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## Reformer (\$)

10am (10/27) | 6pm (10/28)

8am & 6pm (10/29) | 11am (10/31)

All class(es) effected will resume to normal the next week.  
We apologize for any inconvenience. We appreciate your understanding.  
Thank you! -LCP Management

