

Attention Members:

The following class(es) are cancelled this week, due to instructor/sub availability surrounding the holiday:

Chair Yoga, 11:45-12:45pm

Wednesday, 5.24.23

Gentle Yoga, 7:30-8:45am

Thursday, 5.25.23

Reformer, 9:15-10:15am

Saturday, 5.27.23

Reformer, 10:00-11:00am

Sunday, 5.28.23

Reformer, 8:00-9:00am

AquaBarre, 12:15-1:00pm

Tuesday, 5.30.23

VinyasaFlow, 9:00-10:30am

Wednesday, 5.31.23

All class(es) effected will resume to normal the following week.
We apologize for any inconvenience. We appreciate your understanding.
Thank you! -LCP Management

