



LifeCenter plus
Health and Fitness Center

GET RUNNING!

Youth Running Club **WINTER** 2024

TUESDAY & THURSDAY, 6:30-7:30PM

Winter Session: January 9 - February 29

Keep your children active outside of school hours and during the winter months with running, in a fun and team-like environment!

Expect 15 minutes of warm-up and stretching, 30 minutes of running activities, and 15 minutes of core work with each class.

Ages 6-14.

Limit 10 children total.

PRICING

DAY	MEMBER	NONMEMBER
TUESDAY CODE: CHP2401	\$50 PER SESSION	\$70 PER SESSION
THURSDAY CODE: CHP2402	\$50 PER SESSION	\$70 PER SESSION
TUESDAY & THURSDAY CODE: CHP2403	\$80 PER SESSION	\$100 PER SESSION

**REGISTER AT THE
FRONT DESK!**

(OR THROUGH MEMBER SELF-SERVICE PORTAL TO REGISTER)