

October

UPCOMING EVENTS



Thursday

3

**Bends & Brews
Yoga Popup
Class @ 7pm**

**CHECK OUT SEPARATE FLYERS & EVENT POSTINGS FOR
FULL DETAILS ON EACH EVENT ON OUR SAVE-DATE
/ REGISTRATION WALL NEAR THE FRONT DESK!**

Saturday

5

**Thriller Dance
How-To Popup
Class @ 5:00pm
(1 of 2 Classes)**

Friday

18

**Family Dive-In
Movie: THE
HAUNTED
MANSION @ 7pm**



LifeCenter plus
Health and Fitness Center

Monday

7

**Fall Racquetball
League STARTS
(times vary)**

Saturday

19

**Thriller Dance
How-To Popup
Class @ 5:00pm
(2 of 2 Classes)**

Friday

25

**Barre Burn
Popup Class
@ 8:30am**

Tuesday

8

**Barre Burn Popup
Class @ 11:30am**

Wednesday

23

**Hydro Pilates
Popup Class
@ 12:15pm**

Friday

25

**Come Line Up!
Low-Impact Line
Dancing Popup
Class @ 5:30pm**

Wednesday

23

**Kids Martial Arts
Fall Session 2
STARTS**

Saturday

26

**Pumpkin Splash
Patch @ 1:30pm**