

# October

# UPCOMING EVENTS



CHECK OUT SEPARATE FLYERS & EVENT POSTINGS FOR FULL DETAILS ON EACH EVENT ON OUR SAVE-THE-DATE / REGISTRATION WALL NEAR THE FRONT DESK!

Thursday

3

**Bends & Brews  
Yoga Popup  
Class @ 7pm**

Saturday

5

**Thriller Dance  
How-To Popup  
Class @ 5:00pm  
(1 of 2 Classes)**

Wednesday

13

**Hydro Pilates  
Popup Class  
@ 12:15pm**

Monday

7

**Fall Racquetball  
League STARTS  
(times vary)**

Friday

18

**Family Dive-In  
Movie: THE  
HAUNTED  
MANSION @ 7pm**

Friday

25

**Barre Burn  
Popup Class  
@ 8:30am**

Tuesday

8

**Barre Burn Popup  
Class @ 11:30am**

Saturday

19

**Thriller Dance  
How-To Popup  
Class @ 5:00pm  
(2 of 2 Classes)**

Friday

25

**Come Line Up!  
Low-Impact Line  
Dancing Popup  
Class @ 5:30pm**

Friday

11

**Parents Night  
Out @ 6pm**

Wednesday

23

**Kids Martial Arts  
Fall Session 2  
STARTS**

Saturday

26

**Pumpkin Splash  
Patch @ 1:30pm**



**LifeCenter plus**  
Health and Fitness Center