



FOR IMMEDIATE RELEASE

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LifeCenter Plus Camps Jump-Start Summer Fun Safe and supervised adventures of all kinds offered

Hudson, OH-- Kids from 3 to 14 will find a themed summer camp to suit their interests at LifeCenter Plus Health and Fitness Center. From June 14th through August 13th, half-day and full-day camps will be offered to both member and nonmember children. To accommodate busy parents' working lives, LifeCenter Plus also offers Before and After Hours Care for school-aged children, so kids can enjoy safe, supervised play before and after camp hours. Half day camp prices start at as little as \$60 per week. Before and After Care fees are additional. Sessions are divided by age, so that age appropriate activities can be enjoyed in peer groups.

Varied choices and skilled supervision ensure a good experience for every child.

Individual camp choices are varied and include sports camps like Basketball, Cheerleading, Mini-Kickers Soccer, Gymnastics; Travel and Adventure camps with a different destination every day; overnight Tent Camping for older children and learning to grow their own gardens in Growing Healthy from the Ground Up. New this year are Model Racing Camp, Pint Size Chefs Camp and Mad Science & Arts Galore Camp, among others. The emphasis is on discovering activities that provide the basis for lifetime skills.

LifeCenter Plus has supervised Before and After Care.

Working parents can take advantage of LifeCenter Plus' supervised Before and After Care. This service is available in the morning and afternoon for children ages 5-14.. Before Care is Monday-Friday, 7:30-9 a.m. and the fee is just \$5 per day for children of members; \$7 per day for children of nonmembers. After Care is from 3-5:30 p.m. and is \$8 per day for members; \$10 per day for nonmembers.

Early Bird registrations earn discount.

Registrations are being taken now, with a 10% discount for those who sign up March 15-April 30. Brochures giving detailed information on the camps offered and registration forms are available by contacting LifeCenter Plus Kids Fitness Director Laura Coon at 330-655-2377, extension 145 or by stopping by LifeCenter Plus Health & Fitness Center at 5133 Darrow Road in Hudson.

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